



June 22, 2009

NEWS AND NOTES

GM CABLE CONTRACTORS INC – NEW SPONSOR

We are proud to announce a new partnership with GM Cable Contractors Inc in Baton Rouge as a camp sponsor. GM is one of the leading voice, data and video network companies in the country specializing in cabling infrastructures and network technology management. Check the out at <http://www.gmcable.com/> or call Stephen Creaghan at 225-445-0302.

CAMP NEWS

We've had some great camps so far starting out in Hammond, LA earlier this month. We had a great turnout there with Quarterbacks from all over the area including players from Mandeville HS, St. Paul's HS, Covington HS and Slidell HS to name a few. Our next stop was a 2-day camp at South Jones HS in Ellisville, MS. The personnel and facilities were excellent and starting QB's from South Jones and West Jones showed off their skills on Day 2. Last week we held a camp at Sulphur HS and it was a first class operation so many thanks to Coach Bourgeois and his staff for making it a success.

CAMP CANCELLATIONS

We've decided to postpone the camps in Chalmette, LA on July 17 and in Gulfport, MS on July 24 until further notice. We are considering several workshops at these areas in the Fall of 2009 and Spring of 2010.

DENVER CAMP IN THE EARLY PLANNING STAGES?

We are looking into possible camp venues in Denver the last week of July prior to opening of the Denver Broncos '09 Training Camp in Dove Valley. We are also considering a 3-hour Quarterback only "Tune-Up" session the first week of August. Check the website for more details in the next week.

BQUICK FITNESS

Don't forget to check in with Brandt Quick and his team at B. Quick Athletic Development. Check his website at <http://www.bquickfitness.com/> or email him at bquick@bquickfitness.com. Brandt has been working with us at each camp and the response has been tremendous. His training programs at the camps have covered numerous disciplines including strength work, speed and conditioning, core strength and stability, flexibility and nutritional consulting.

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For more information, please contact:

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